



New Jersey Center for Tourette Syndrome

AND ASSOCIATED DISORDERS

*Collaborations and Partnerships for the
Tourette Syndrome Community*

908.575.7350

50 Division Street • Somerville, New Jersey 08876 • Phone 908-575-7350 • Fax 908-575-8699
Web Site: www.njcts.org • e-mail: info@njcts.org

Walk for Tourette Syndrome is a Step in the Right Direction

Register now to take a stand against stigma

Mendham, NJ- It's about making a statement and showing support to the 28,000 New Jersey children and families living with Tourette Syndrome (TS)- a neurological disorder. Teams are forming from across the state to take part in the 2nd annual New Jersey Walks for TS event in Mendham on Saturday, November 19 at Borough Park in Mendham, NJ.

“Those who come out to join us are speaking volumes through the simple act of walking,” said NJCTS Executive Director Faith Rice, “We would like everyone to join us and literally take steps to show support for our message of self-advocacy.”

This event started as a youth-based grassroots movement, teens with the desire to show their peers with TS that they care. Today, kids of all ages are urged to sign-up for the walk at www.active.com/donate/MendhamWalksforTS.

Tourette Syndrome is an inherited neurological disorder seen in as many as 1 in 100 children according to the Center for Disease Control. It's characterized by uncontrollable motor or vocal movements known as tics and is frequently accompanied by other disorders including ADHD, OCD, learning disabilities, depression, anxiety and sleep problems. TS is a spectrum disorder which ranges from very severe to mild. It usually appears when a child is 6 or 7 years old. It affects all races and ethnic groups. There is no cure for Tourette Syndrome but early diagnosis and support are critical in dealing with this disorder.

Kids can gather their families, friends and classmates to form walking and fundraising teams. NJ

For more information about the Center or to volunteer for the walk, please call [908-575-7350](tel:908-575-7350). Proceeds to benefit the NJ Center for Tourette Syndrome.

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New Jersey Center for Tourette Syndrome and Associated Disorders, Inc.- Collaborative partnerships for the TS community.