



# New Jersey Center for Tourette Syndrome and Associated Disorders

50 Division Street Suite 205 Somerville NJ 08876 1 877 NJTS INFO [www.njcts.org](http://www.njcts.org)

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## *NJCTS UPDATE*

### November 9 South Jersey Family2Family 11:30 a.m.- 2:30 p.m.

Family2Family events allow TS parents and kids to gather with others and share support and coping strategies. Rutgers doctoral students will lead these discussions.

South Jersey Regional Hospital Fitness Connection, Vineland

To register call 908-575-7350

### Send us your e-mail address

Please help us save money by providing us with your email address. Simply go to our website [www.njcts.org](http://www.njcts.org), scroll down the left-hand column and select on "click here to subscribe" under NJCTS News to provide us with your name and email address. It will only take a minute of your time.

### New Satellite TS Program in Denville

There is currently a waiting list to participate in the Tourette Syndrome Program at Rutgers University. To help meet the demand, the Graduate School of Applied and Professional Psychology is teaming up with St. Clare's Hospital in Denville to provide a satellite NJCTS clinic. If you live in the greater Morris County area, this is your chance to take part in therapeutic groups for the whole family. Call 732-445-6111 ext. 27.

### Wednesday is TS Day: Get involved-Get an Education-Get Help

Help us create an "Epidemic of Awareness" by asking your local leaders to provide a proclamation declaring Wednesday is TS Day. So far, we've received several proclamations and we're expecting more from Somerville, Princeton and Atlantic City. NJCTS is trying to get every mayor and county freeholder board to join the Wednesday is TS Day movement. Get involved: ask your officials to issue a proclamation setting aside Wednesday for TS advocacy. Call 908-575-7350 for information.

### Physicians Referral Questionnaire

We are building a list of MD's, therapists and other professionals who have interest and expertise in working with TS patients and their families. This information will be used as a resource for all families looking to help manage TS and its associated disorders.

Please fill out the questionnaire about professionals your family uses to treat TS. We will contact these care providers for possible inclusion on our referral list. Please return the completed form to NJCTS, 50 Division St, Suite 205, Somerville NJ 08876. Thank you for helping us provide support to all New Jersey families dealing with Tourette Syndrome.



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### *NJCTS UPDATE*

#### October 21 Professional Outreach in Paramus

NJCTS **Grand Rounds Sessions** feature national experts advising medical, mental health and education professionals on how to identify and treat the signs and symptoms of Tourette Syndrome. Dr. Robert King of the Yale University Child Study Center-Tourette Syndrome Obsessive Compulsive Disorder Clinic will discuss clinical methods of diagnosing and treating TS with physicians, psychologists and social workers.

Bergen Regional Medical Center, Paramus  
10:30 a.m.

TS parents are welcome

Call NJCTS at 908-575-7350 or e-mail [info@njcts.org](mailto:info@njcts.org) to register

#### October 29 Wednesday Webinar Series 7:30- 8:30 p.m.

##### ***Mental Health Treatment for Individuals with Tourette Syndrome: Can it Help?***

Presenter: Dr. Lori Rockmore- Clinical Director of the Tourette Syndrome Program at Rutgers University Graduate School of Applied and Professional Psychology. To register visit [www.njcts.org](http://www.njcts.org)

#### October 29, November 6, 7 & 14 Volunteers Needed

NJCTS will continue to reach out to New Jersey school professionals at three conventions in the weeks ahead and expand our outreach in the community. **Booth volunteers are needed** to help spread information and rally support for children and families with TS. Please call 908-575-7350 to sign up for these events:

- Oct. 14- Disability Expo, Somerville 3- 7 p.m.
- Oct. 29- School Health Conference, Pines Manor in Edison
- Nov. 6 & 7- NJ Education Association Convention, Atlantic City
- Nov. 14- American Speech-Language-Hearing Association, Atlantic City Convention Center

#### November 22 TS Presentation 2- 5 p.m. in Voorhees

TS experts from Children's Hospital of Philadelphia will discuss State-of-the-art Treatments for Tourette Syndrome. In addition, Dr. Jay Tischfield, Director of the NJ Center for Tourette Syndrome TS Sharing Repository at Rutgers will present information on TS genetics research. **All TS families should plan to attend.**

Virtua West Jersey Hospital, Voorhees

Registration is required. E-mail [familystudy@biology.rutgers.edu](mailto:familystudy@biology.rutgers.edu) or call 908-575-7350.



# October 2008

## NJCTS CALENDAR

For more information on any of these events please call 908-575-7350 or [click here](#).

**Oct. 14-** Mercer County Family Support Group. 7-9 p.m.  
RWJ Hamilton Center for Health and Wellness, Mercerville

**Oct. 14-** Somerset County Disability Expo, Somerville

**Oct. 16-** Cumberland County Family Support Group 7- 9 p.m.  
South Jersey Regional Hospital's Fitness Connection, Vineland

**Oct. 17-** "Understanding TS and Associated Disorders"- Friday Evening Seminar Series, New Jersey City University , Jersey City  
(Workshop not open to the public)

**Oct. 21-** Educator Workshop- County College of Morris- 6- 9 p.m. Presenter: Julie Swenson, M.Ed., CSW  
\$38.00 course #88764 register at [www.ccm.edu](http://www.ccm.edu).

**Oct. 21-** Grand Rounds-Bergen Regional Medical Center, Paramus  
Presenter: Dr. Robert King, Yale University Child Study Center- TS/OCD Clinic

**Oct. 22-** Faculty In-service- Edison Intermediate School, Westfield  
Presenter: Julie Swenson, M.Ed., CSW (Workshop not open to the public)

**Oct. 23-** In-service- Cumberland County School Nurses Association, Seabrook  
Presenter: Gail Walker- NJCTS (Workshop not open to the public)

**Oct. 25-** Educator Workshop-Bergen Community College  
Presenter: Ann Deutsch, MSN- NJCTS \$35 Course # SD759

**Oct. 29-** Wednesday Webinar: "Mental Health Treatment for Individuals with TS: Does it Work?"  
7:30- 8:30 p.m.  
Presenter: Lori Rockmore, Psy.D.- Clinical Director: NJCTS Tourette Syndrome Program, Rutgers University Graduate School of Applied and Professional Psychology

**Oct. 29-** Educator Workshop: Ocean County College  
Presenter: Janine Howley, MA-NJCTS \$59 Course #SRED



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## *NJCTS UPDATE*

**Oct. 29-** American Academy of Pediatrics School Health Conference, Edison

**Nov. 6-7-** NJEA Convention, Atlantic City

**Nov. 9-** South Jersey Family2Family, South Jersey Regional Hospital, Vineland

### **TS Presentation Nov. 22, 2- 5 p.m. in Voorhees**

Pediatric Neurologist Dr. Larry Brown of Children's Hospital of Philadelphia will discuss state-of-the-art treatments for TS and associated disorders. In addition, Dr. Jay Tischfield, Director of the NJ Center for Tourette Syndrome TS Sharing Repository at Rutgers will present information on TS genetics research. All TS families should plan to attend.

Virtua West Jersey Hospital, Voorhees

Registration is required. E-mail: [familystudy@biology.rutgers.edu](mailto:familystudy@biology.rutgers.edu) or call 908-575-7350.

### Volunteers needed to man NJCTS booths

Call NJCTS at 908-575-7350 for more information.

Oct. 14- Somerset Disability Expo- County Complex, Somerville

Oct. 29- American Academy of Pediatrics School Nurse Conference, Edison

Nov. 6-7- NJEA Conference, Atlantic City